

Devo: Speaking Life Into Your Spouse-

Proverbs 18:21 says “The tongue has the power of life and death, and those who love it will eat its fruit.”

Our words produce fruit. What kind of fruit depends on what words come out. Words that build up and carry life or words that tear down and carry “death”.

Scripture says “**out of the Overflow the heart the mouth speaks**”. The words that come out of our mouth are a great way to see what is going on in our heart. If we have been hurt, many times our words can hurt. If we have been angry, many times our words can come across sharp.

Jesus is always looking to “heal the heart” so that our hearts are radically focused on Him. A heart that is given to the Lord is “peace loving, Kind, Gentle, loving, etc...”

Who has your heart?

Creating an “Honor Culture” in your marriage should be a priority, after all you married the person you LOVE. **Romans 12:10-** Be devoted to one another in love. Honor one another above yourselves.

Here are a few way to encourage your marriage and create an Honor Culture by speaking life and creating FRUITFUL conversations.

5 Weekly Questions to Ask Your Spouse for a Fruitful Marriage This Year

1. What do we have scheduled individually and as a couple/family in the week ahead?
2. What was one thing that was hard/challenged you last week?
3. What was one thing that you enjoyed last week?
4. What is one thing I can do to help you this week?
5. How can I pray for you and encourage you this week?

4 Quarterly Questions to Ask Your Spouse

1. How do you think we did expressing our intimacy this quarter?
2. How well do you think we stewarded our finances this quarter?
3. What were some obstacles in maintaining intimacy or connection this quarter?
4. What can we schedule to do next quarter to deepen our relationship?

James 3:9 says ⁹ With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God’s likeness. ¹⁰ Out of the same mouth come praise (blessing) and cursing. My brothers and sisters, this should not be.

If you think of the word **B.L.E.S.S** and **C.U.R.S.E** as acronyms this could be a helpful guide.

If we want to Bless... are my words...

Curse-- our words are....

Building

Critical

Loving

Unwholesome

Encouraging

Ridiculing

Soothing

Sharp

Spirit-filled

Evil